



# Newsletter

Volume 17, Issue 2

February 2017

## Message from the President – Bernie Fontaine

Welcome everyone to a great start to the new year. We have been busier than ever understanding some of the OSHA rule changes relative to beryllium, crystalline silica, electronic recordkeeping, etc.; anticipating changes by the new Trump administration in enforcement and consultation; and changes in leadership at AIHA. NJAIHA congratulates Larry Sloan, AIHA CEO, and the appointment of Mark Ames as AIHA's new director, government relations. Among Mark's priorities will be an enhanced focus on addressing the needs of the local sections from the perspective of keeping abreast of the rapidly evolving rubric of state regulations and laws impacting industrial hygiene.

The NJAIHA Executive Committee continues to solicit help of our membership to meet our 2016-2017 goals and objectives set forth in the action plan. Some of our members are reaching out to local high schools and talking about the NJ Youth@Work Talking Safety program. This is the time of giving back to our profession. Many school administrators and faculty members see the value of lesson but they are afraid of the commitment on an annual basis. The youth health and safety message can be presented in a 45-minute classroom period and it should be delivered annually to remind students, who are seeking employment, that health and safety is important both at work (e.g., summer job, part-time work during school, and selecting a trade after graduation) and apply these concepts in everything that they do for recreation, vacation, hobbies, and other personal initiatives. If you want to become an Outreach Coordinator and present to school districts, please contact Candice Kowalewski.

We want you to continue collaborating, networking and learning at the monthly dinner meetings! The Executive Committee continues to work hard to engage our membership and cover the current topics of interest. NJAIHA continues offering the members the **"Loyalty Rewards Program"**. Members who attend any five (5) dinner meetings will get the 6<sup>th</sup> dinner free!! Loyalty rewards are tracked by having your wallet card autographed at each dinner meeting. Also, if you sign up any five (5) new or former members in our **"Member Get-a-Member"** program, NJAIHA will offer you a free dinner at any one of the monthly meetings. It is important to note that there are no time constraints for either program. Contact Candice Kowalewski with any questions.

You may have seen our continuous postings on social media – Facebook and LinkedIn. Our objective is to connect more with our members on topics of interest and begin a deep dive by talking about the issues that affects the workforce, public, or environment. Recently we have posted a number of jobs opportunities on LinkedIn to complement the learning process. There are many useful peer-reviewed articles and other nationally recognized resources, which may be of interest to our members. Alternatively, NJAIHA encourages members to contribute beneficial information about the profession, interesting subject matter for learning, upcoming events, and posting other exciting job opportunities.

NJAIHA continues to seek more vendors to advertise in our monthly newsletter and website, and help sponsor our monthly dinner meetings. As a bonus for advertising, we will promote your business by posting your information on Facebook. You may recall but NJAIHA promoted the corporate sponsors and exhibiting vendors who participated in the NEIHce before, during, and after the event. Advertising

helps connect business opportunities with our membership. If you would like to advertise, complete an application on the website. Jack Zybura can provide more information about posting any information to the website or social media.

As a reminder, student scholarship applications for the AIHA Foundation are due in Feb 2017. We sent our members an email announcement and posted the opportunity on social media. If you are an AIHA national member, the information is available on their website. We also need your **support for the upcoming 2017 NJAIHA student scholarships**. We continue to sell the piqué polo shirts with the NJAIHA logo to raise revenue to support the student scholarships. So far, we have been successful in holding our pricing so more NJAIHA members can afford these items. These shirts can be worn to any NJAIHA venue and they make a great gift. If you want to make a purchase, contact Craig Doolittle or visit the NJAIHA website.

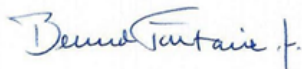
The NJAIHA Executive Committee continues to update the bylaws and the operations manual in 2017. Both of these important documents have not been updated since 2013. Bylaws represent the written rules for conduct of the Executive Committee. One area of interest is deeper understanding of conflict of interest and fiduciary responsibilities by NJAIHA Executive Committee members. The operations manual helps us construct the framework to meet the policy requirements established in the bylaws. If anyone wants to work on either of these documents, contact Hank Shotwell.

NJAIHA participates in the quarterly NJ State Industrial Safety Committee (NJSISC) business meetings. In Dec 2016, a conflict of interest arose in the administration of regional dinner meetings for the annual safety awards. Since NJSISC is an extension of the State of NJ, it cannot raise revenue and the State of NJ has not appropriated funding to hold the dinner meetings. In order to continue a long-standing tradition of the NJSISC award ceremonies; the State of NJ offered several suggestions for NJSISC to either operate as a nonprofit or collaborate with all of the participatory NJ nonprofits to host the dinner meetings and award ceremonies. NJAIHA is collaborating with NJSISC to determine the best approach. More information will be provided as management decisions are derived on how to resolve this matter.

The business value of industrial hygiene and safety is being recognized more in business as a tool for risk management, advancement of technology, and a driver for economic, social, and governance of the workforce, public, and environment. We seek input from the NJAIHA membership to collaborate more with our neighboring local sections. Philadelphia, Metro NY, and NJ sections of AIHA agreed to post each other dinner meeting announcements. NJASSE and MABSA are interested in sharing more information on occupational health and safety. The objective herein is to provide better collaboration and coordination of regional learning and job opportunities for the membership of each local section or chapter. If you want to help coordinate NJAIHA information and events, please contact Craig Doolittle.

In closing, I hope to see you and a friend at the Thursday, February 16<sup>th</sup> dinner meeting at Snuffy's! Look for the email announcement and/or posting on LinkedIn and Facebook.

Best regards,



Bernard L. Fontaine, Jr., CIH, CSP, FAIHA  
President NJAIHA

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## Contact

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## Visit NJAIHA On-line

NJAIHA is continuously posting relevant information on industrial hygiene principles and practice on these webpages. Feel free to find out current events which may affect your business or industry and continue the conversation on a regional, national, and international level.

Facebook: <https://www.facebook.com/njaiha/>.

LinkedIn: <https://www.linkedin.com/groups/3675325>

## OUR LOCAL SECTION OFFICERS

<u>Office</u>	<u>Name</u>	<u>Phone</u>	<u>Email Address</u>
<b>President</b>	Bernie Fontaine, Jr.	732-221-5687	windsgroup@aol.com
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<b>Secretary</b>	Henry Shotwell	908-310-8481	dr.hank@mindspring.com
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<b>Director: Publications</b>	Mark Ostapczuk	201-783-6621	mark.ostapczuk@roche.com
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<b>Web Master</b>	Jack Zybura	973-560-0090	jzybura@lsga.com
<b>Historian</b>	Tim Rice	908-782-2102	ricehss@comcast.net

## Membership Rewards

Members remember our ongoing loyalty rewards program. After five (5) paid dinner meetings, dinner is on us!! Please pick-up your loyalty reward card and have it checked at the door. This is a great way to help us increase the membership at the dinner meetings. Another way to earn loyalty rewards points, sign up five (5) of more new or former members of NJ AIHA. All new members are tracked to ensure that you receive credit for promoting the organization.

Please consider purchasing a NJAIHA polo shirt to support the student scholarships. These are great gifts, they help support a great cause. Those of you who are CIHs, don't forget to pick up your verification of attendance forms. These are located the entrance to the dinner meeting room, professional development courses, and conference.

## Job Postings

There are many job postings on our web site. If you are looking or just curious check them out.

<http://www.njaiha.org/resources/job-postings/>

There are several job postings on these other organization web sites as well:

<http://nj.asse.org/current-openings/>

<http://www.philaaiha.com/Employment.htm>

<https://www.aiha.org/get-involved/LocalSections/MetroNewYork/Resources/Pages/Job-Opportunities.aspx>

# 2017 Industrial Hygiene and Safety Review Course

Are you looking for an inexpensive way to study for the CIH and CSP exams? Do you need certification maintenance points to meet your re-certification requirements? The New Jersey Section of the American Industrial Hygiene Association (NJ-AIHA) is offering a comprehensive Industrial Hygiene Course. The course is designed to provide basic training in some critical areas of industrial hygiene and safety and will likely be beneficial for those entering the field as well as those who are just looking to sharpen their skills in certain technical areas.

In addition, many of the people who have attended the program have found it to be very helpful in preparing for the CIH and CSP examinations. Certified Industrial Hygienists have the opportunity to obtain CM points per lecture (0.167 points per contact hour). Participants are welcome to attend any or all of the lecture sessions, depending on their individual training needs. People who need certification maintenance points must sign an attendance sheet for each session.

## Industrial Hygiene & Safety Lecture Topics

History of Industrial Hygiene, OSH Act Review and IH Management, Epidemiology, Fire Protection, Emergency Response, Ergonomics, Risk Management – Record Keeping, Indoor Air Quality, Bio-Safety, Equipment and Facility Safety, Ionizing Radiation, Non-Ionizing Radiation, Math, Statistics & Calculator Review, Air Pollution, Toxicology, Regulatory & Legal Affairs, Physics and Basic Engineering, Air Sampling – IH Chemistry, Direct Reading Instrumentation, Industrial Noise, Mechanical Exhaust Ventilation, Ethics and Professional Conduct, Respiratory Protection and other Personal Protective Equipment (PPE)

The IH classes will be held Tuesday nights\* (6:00-9:00) beginning in June 2017 at the Rutgers Environmental Health & Safety Dept., 27 Road 1, Livingston Campus, Piscataway, New Jersey 08854. Tel. (732) 445-2550 (See the following link to Google Maps Directions)

\*Note: First IH Class will run from 6:00 PM to 9:30 PM. Please try and arrive promptly at 6:00 PM. The first half hour will cover registration activities, course orientation information, and other miscellaneous administrative activities. The two courses scheduled on the first night will begin at 6:30 PM and run to 9:30 PM.

<https://www.google.com/maps/place/Rutgers+Environmental+Health+and+Safety/@40.516915,-74.430336,17z/data=!3m1!4b1!4m2!3m1!1s0x89c3c7bf656fffff:0x2b79eadac518c3c8>

**Cost: \$150.00** (includes registration, admission to all IH and Safety classes and on-line access to all course materials) **Safety Classes are sponsored by: ASSE**

*The NJ Chapter of the American Society of  
Safety Engineers*



Safety Topics have been added to our schedule (included in the price). We will have guest speakers on certain safety topics to help prepare people for the CSP exam. **Safety classes will be held on Thursday nights (6:00 PM).** The website will be updated when the specific dates and topics for the Safety classes have been established. Enrollment forms, directions, and schedule are posted on the NJAIHA web page <http://www.njaiha.org/events/njaiha-summer-review-course/>.



The **NJAIHA Executive Committee** is selling white pique polo shirts with the NJAIHA logo. Point of sale proceeds will serve as a revenue source for our **student scholarship program**. Pricing is based on size and the applicable cost of shipping and handling if the shirts are not picked up at a dinner meeting or other NJAIHA sponsored event.

Please contact Ronnie Tutty at (973) 300-0144 or visit the NJAIHA web page at:

<http://www.njaiha.org/students/polo-shirt-fundraiser/>



## Recent NJAIHA Activities in Pictures

Tim Rice, NJAIHA Historian



### January 2017 NJAIHA Dinner Meeting - 1/19/17 at Snuffy's



Our before-dinner speaker, Bruce Bergman, Supervisory Economist, U.S. DOL Bureau of Labor Statistics (BLS), New York-New Jersey Information Office, is shown here presenting highlights of the latest available government statistics on occupational fatalities, injuries, and illnesses, focusing on the NJ-NY-Eastern PA area during his informative presentation *"What's the State of Worker Safety and Health? - An update from the Bureau of Labor Statistics"*.



After-dinner speaker, Craig Tomsy, MS, CIH, Manager, Safety, Health & Environment, L'Oreal USA Research & Innovation, Clark, NJ, always seems to give NJAIHA members and guests an engaging and entertaining technical presentation. Such was the case again at the January 2017 dinner meeting, as Craig makes a point here regarding soft tissue injury recognition and control during his presentation, *"Elements of a Proactive Ergonomics Program and Ideas for Effective Implementation"*.



Members and guests turned out in good numbers for the January 2017 meeting to take in the two technical presentations and to enjoy Snuffy's always fabulous Thursday night buffet. We would really like for you to join us at next month's meeting!



Bernie Fontaine, NJAIHA President, extends a token of appreciation to Craig Tomsy for taking time out of his schedule to deliver this technical presentation for the benefit and education of NJAIHA member and guests. The same sentiments are also extended to our other technical presenter, Bruce Bergman. Thanks again, Bruce and Craig!



## February 2017 – DINNER MEETING

### **NJAIHA OFFICERS**

President  
Bernard Fontaine  
Windsor Consulting  
Group  
732-221-5687

President-Elect  
Craig Doolittle  
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Mark Ostapczuk  
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201-783-6621

Executive Secretary  
Ronnie Tutty  
973-300-0144

Historian  
Tim Rice  
908-782-2102

**DATE:** Thursday, February 16, 2017

**PLACE:** Snuffy's Pantagis Renaissance, Route 22 East, Scotch Plains, NJ 908-322-7726

### **AGENDA:**

**3:30 p.m.** AIHA, NJ Section, Inc. - Executive Committee Meeting

**5:00 p.m.** Registration/Networking/Cash Bar

**5:30 p.m.** Before Dinner Session:

**Topic:** Legal Aspects in Litigation Involving Industrial Hygienists or Industrial Hygiene Work – This presentation will explore legal and litigation issues involving our profession, how that affects the practicing professional, and considerations that could arise when in the role of an expert witness  
**Speaker:** Marc Gaffrey, Esquire, Partner, Hoagland, Longo, Moran, Dunst & Doukas

**6:30 p.m.** Dinner – Members \$30, guests \$40.  
Students and unemployed NJAIHA members are free (Subsidized 100% for dinner meetings).

**7:30 p.m.** After Dinner Session:

**Topic:** Be Informed - Preventing Chronic Beryllium Disease (CBD) through Exposure Recognition and Control – OSHA has finalized a new standard for beryllium (Be) and Be compounds. This presentation will review the hazards to workers and the public, where the hazards occur, key aspects of the new standard and how to control exposures  
**Speaker:** Bernard L. Fontaine, Jr., CIH, CSP, FAIHA, The Windsor Consulting Group, Inc.

Please register by Tuesday, February 14th, by calling Ronnie Tutty at 973-300-0144, email your reservation to [njaiha@ptd.net](mailto:njaiha@ptd.net) or fax the reservation to 973-579-6202, giving the names of those who will attend. Online registration and payment is now available at: <http://www.njaiha.org/event/february-2017-dinner-meeting/>

### **COMMON DIRECTIONS:**

Pick up Route 22 West to sign reading "Mountain Ave. – Scotch Plains". Take Mountain Ave. thru 2nd traffic light to parking lot entrance on the right (just after intersection).

**Coming from New York City** - Lincoln or Holland Tunnels or George Washington Bridge - take NJ Turnpike SOUTH to Newark Airport Exit #14 and follow common directions above.

**Coming from Staten Island** - Go over the Goethels Bridge and exit to the NJ Turnpike NORTH. Take the Turnpike to Exit #14 to Route 22 WEST and follow common directions above.

**Going NORTH on Garden State Parkway** - Exit # 140 to Route 22 EAST. Bear to LEFT to take jug handle to Route 22 WEST and follow common directions above.

**Going SOUTH on Garden State Parkway** – Exit #140A to Route 22 WEST and follow common directions above.

**Coming from New Brunswick and Points South** – Pick-up Route 287 NORTH (Exit #10 at Edison from the NJ Turnpike or Exit #127 from the Garden State Pkwy.) Take 287 NORTH to Somerville, Exit to Route 22 EAST to Scotch Plains. Entrance on right, after Blue Star Shopping Center and before Park Ave. overpass.

**Coming from PA or Points West** – Route 78 EAST to Exit #41. Follow signs to Route 22, Scotch Plains. At 3<sup>rd</sup> traffic light turn right to go over Overpass to Park Ave. Stay in right lane of overpass and at next light turn right onto





## COMMON DIRECTIONS TO SNUFFY'S PANTAGIS RESTURANT:

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**Coming from New York City** - Lincoln or Holland Tunnels or George Washington Bridge - take NJ Turnpike SOUTH to Newark Airport Exit #14 and follow common directions above.

**Coming from Staten Island** - Go over the Goethals Bridge and exit to the NJ Turnpike NORTH. Take the Turnpike to Exit #14 to Route 22 WEST and follow common directions above.

**Going NORTH on Garden State Parkway** - Exit # 140 to Route 22 EAST. Bear to LEFT to take jug handle to Route 22 WEST and follow common directions above.

**Going SOUTH on Garden State Parkway** – Exit #140A to Route 22 WEST and follow common directions above.

**Coming from New Brunswick and Points South** – Pick-up Route 287 NORTH (Exit #10 at Edison from the NJ Turnpike or Exit #127 from the Garden State Pkwy.) Take 287 NORTH to Somerville, Exit to Route 22 EAST to Scotch Plains. Entrance on right, after Blue Star Shopping Center and before Park Ave. overpass.

**Coming from PA or Points West** – Route 78 EAST to Exit #41. Follow signs to Route 22, Scotch Plains. At 3<sup>rd</sup> traffic light turn right to go over Overpass to Park Ave. Stay in right lane of overpass and at next light turn right onto Mountain Ave. Make first right turn to enter parking lot.

