Message from the President – Bernie Fontaine

The Executive Committee is very excited to announce that NJAIHA membership does have its rewards. Beginning in April 2017, NJAIHA members will have the opportunity to participate in the 2017 AIHA eLearning program. As a reinvestment tool to enhance the profession; NJAIHA members can participate live or playback recorded webinars using their computer, tablets, or any other device. Non-members will not be registered with AIHA to participate in the program, so tell your colleagues and friends to join NJAIHA.

AIHA's eLearning solutions are designed for professionals seeking an alternate educational setting. This virtual learning environment provides the same standard of learning and level of technical content, but is administered online. Certification maintenance is awarded by AIHA for participants. AIHA webinars are web-based continuing education events that enable attendees to learn anytime from the comfort of their own home or office. AIHA webinars are presented by industry experts on a variety of topics, catering to every OEHS niche, and are fully accredited and allow IHs and OEHS professionals to obtain contact hours towards their certification maintenance programs. Automatic registration to AIHA webinars earn you at least 10 contact hours.

But wait!!!! The AIHA eLearning subscription also guarantees registration to the 2017 AIHA virtual conference on leadership and management via live video streaming, multi-track session broadcast; opportunities to submit questions for presenters and interact with other virtual participants via chat, and access to session recordings. NJAIHA members could earn another 11.5 contact hours. This is an outstanding business value for the price of NJAIHA membership.

Remember our “Loyalty Rewards Program”. Members who attend any five (5) dinner meetings will get the 6th dinner free!! Loyalty rewards are tracked by having your wallet card autographed at each dinner meeting. Also, if you sign up any five (5) new or former NJAIHA members in our “Member Get-a-Member” program, NJAIHA will offer you a free dinner at any one of the monthly meetings. It is important to note that there are no time constraints for either program. To date, both of these programs have been very successful. Please continue to help us grow and prosper. Contact Candice Kowalewski with any questions regarding membership services.

You may have seen our continuous postings on social media – Facebook and Linkedin. Our objective is to connect more with our members on topics of interest and begin a deep dive by talking about the issues that affects the workforce, public, or environment. Using social media provides more connectivity with our membership in a timely fashion rather than emails alone. Recently we posted a number of jobs opportunities on Linkedin to complement the learning process. There are many useful peer-reviewed articles and other nationally recognized resources, which may be of interest to our members. Alternatively, NJAIHA encourages members to contribute beneficial information about the profession, interesting subject matter for learning, upcoming events, and posting other exciting job opportunities. Please send any information to Mark Ostapczuk, our Director of Publications.
NJAIHA continues to seek more vendors to advertise in our monthly newsletter and website, and help sponsor our monthly dinner meetings. As a bonus for advertising, we will promote your business by posting your information on our Facebook webpage. Advertising helps connect business opportunities with our membership. If you would like to advertise, complete an application on the website. Jack Zybrua can provide more information about posting any information to the website or social media.

It's time to review scholarship applications. However, we need your support to help fund the 2017 NJAIHA student scholarships. We are continuing to sell the piquet polo shirts with the NJAIHA logo to raise revenue to support the student scholarships. So far, we have been successful in holding our pricing so more NJAIHA members can afford these items. Many members purchased them so that they can wear the shirts and represent NJAIHA. These shirts can be worn to any NJAIHA venue and they make a great gift. If you want to make a purchase, contact Craig Doolittle, purchase them at the dinner meetings, or visit the NJAIHA website.

The NJAIHA Executive Committee established a subcommittee to update the bylaws and the operations manual. Great strides have been made to update the current information. Both of these important documents have not been updated since 2013. Bylaws represent the written rules for conduct of the Executive Committee. One area of interest is deeper understanding of conflict of interest and fiduciary responsibilities by NJAIHA Executive Committee members. The operations manual helps us construct the framework to meet the policy requirements established in the bylaws. If anyone wants to help or provide comment, please contact Hank Shotwell.

NJAIHA continues to work with New Jersey State Industrial Safety Committee (NJSISC) leadership to resolve the conflict of interest matter relative to the annual award ceremonies and dinner meetings. The Executive Committee voted to fund the initial payment with the understanding that payment would be refunded once the revenues were collected by the participants. This collaboration allows worthy businesses to attend the banquet and receive their annual safety awards. This is also an opportunity for NJAIHA to receive name recognition for our dedication and work to protect the health of workers. As an event sponsor, NJSISC will allow NJAIHA to promote the organization to participating companies with business interest in protecting the health and safety of their workers. The NJAIHA Executive Committee believes this a great opportunity for all stakeholders.

Recently AIHA requested the membership contact their US Senators to vote against H.J.Res.83, which would use the Congressional Review Act (CRA) to permanently overturn OSHAs final rule. Employers should be obligated to establish and maintain accurate records of work-related injuries and illnesses throughout a five-year record retention timeframe. Please consider pledging your support.

In closing, I hope to see you and a friend at the Thursday, April 20th dinner meeting at Snuffy's! We have an outstanding lineup of speakers for this event. Look for more information in the email announcement and/or posting on Linkedin and Facebook.

Best regards,

Bernard L. Fontaine, Jr., CIH, CSP, FAIHA
President NJAIHA
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Recent and Past NJAIHA Activities in Pictures
Tim Rice, NJAIHA Historian

March 2017 Joint NJAIHA/NJASSE/MABSA Dinner Meeting - 3/16/17 at Snuffy’s

Another large turnout in 2017 of members and guest of the NJAIHA, the NJ Chapter-American Society of Safety Engineers (NJASSE), and the Mid-Atlantic Biological Safety Association (MABSA) for the annual joint March dinner meeting of the three associations. In addition to taking in two excellent technical presentations, all were also able to enjoy Snuffy’s Thursday Prime Rib Buffet on this St. Patrick’s Day eve!

Amy Ryan, MABSA Past-President, Bernie Fontaine, NJAIHA President, and Brian Eggert, MABSA Treasurer, compare notes for the evening’s events during the networking session.

Our before-dinner speaker, Donald Schaffner, Ph.D. Extension Specialist in Food Science and Distinguished Professor, Rutgers University, begins his presentation, “Should You Eat That? - The Science Behind the Five Second Rule”. Dr. Schaffner shared the highlights of a study he and colleagues performed of the cross-contamination rate of Enterobacter aerogenes on household surfaces using scenarios differing by surface type, food type and contact time and inoculum matrix... good information to know the next time you eat that potato chip that just fell on the carpeting!
Greg Decker, NJASSE President, updates attendees on NJASSE current events and activities prior to introducing our after-dinner speaker.

Our after-dinner speaker, Kevin McNally, MBA, President, New Jersey Public Health Association, answers questions after finishing his talk, "Promoting a Culture of Health". Mr. McNally provided an overview of New Jersey Health Initiatives, the statewide grantmaking program of the Robert Wood Johnson Foundation, which has a mission of supporting innovations and driving conversations to build healthier communities across the State of New Jersey.

Olde Ink
NJAIHA Annual Year-End Awards Dinner
McAteers Restaurant, Somerset, NJ - June 7, 1990

NJAIHA members Ray Manganelli, Bob Hague, and Bernie Fontaine (current NJAIHA President!) receive Letter of Recognition Awards during the 1990 NJAIHA Annual Year-End Awards Dinner.
OSHA has revised the requirements for authorized trainers to deliver its Outreach Training Program, updating and clarifying student contact hours, replacement card procedures, the Trainer Code of Conduct, and more. One new elective was also added to the selection of classes. The outreach program trains workers and supervisors to recognize and prevent safety and health hazards on the job, and to understand worker rights and employer responsibilities. OSHA does not conduct the classes but establishes requirements and authorizes trainers. Classes—in general industry, construction, maritime, and disaster recovery—are voluntary and do not satisfy any OSHA training requirements. New requirements and procedures are effective April 1, 2017. For more information, see the Outreach Training Program webpage.

[Ref: https://www.osha.gov/dte/outreach/index.html]

Visit NJAIHA On-line

NJAIHA is continuously posting relevant information on industrial hygiene principles and practice on these webpages. Feel free to find out current events which may affect your business or industry and continue the conversation on a regional, national, and international level.

Facebook: https://www.facebook.com/njaiha/

LinkedIn: https://www.linkedin.com/groups/3675325
OUR LOCAL SECTION OFFICERS

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<th>Name</th>
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<tbody>
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Membership Rewards

Members remember our ongoing loyalty rewards program. After five (5) paid dinner meetings, dinner is on us!! Please pick-up your loyalty reward card and have it checked at the door. This is a great way to help us increase the membership at the dinner meetings. Another way to earn loyalty rewards points, sign up five (5) of more new or former members of NJ AIHA. All new members are tracked to ensure that you receive credit for promoting the organization.

Please consider purchasing a NJAIHA polo shirt to support the student scholarships. These are great gifts, they help support a great cause. Those of you who are CIHs, don’t forget to pick up your verification of attendance forms. These are located the entrance to the dinner meeting room, professional development courses, and conference.

Job Postings

There are many job postings on our web site. If you are looking or just curious check them out.

http://www.njaiha.org/resources/job-postings/

There are several job postings on these other organization web sites as well:

http://nj.asse.org/current-openings/
http://www.philaaiha.com/Employment.htm
https://www.aiha.org/get-involved/LocalSections/MetroNewYork/Resources/Pages/Job-Opportunities.aspx
Are you looking for an inexpensive way to study for the CIH and CSP exams? Do you need certification maintenance points to meet your re-certification requirements? The New Jersey Section of the American Industrial Hygiene Association (NJ-AIHA) is offering a comprehensive Industrial Hygiene Course. The course is designed to provide basic training in some critical areas of industrial hygiene and safety and will likely be beneficial for those entering the field as well as those who are just looking to sharpen their skills in certain technical areas.

In addition, many of the people who have attended the program have found it to be very helpful in preparing for the CIH and CSP examinations. Certified Industrial Hygienists have the opportunity to obtain CM points per lecture (0.167 points per contact hour). Participants are welcome to attend any or all of the lecture sessions, depending on their individual training needs. People who need certification maintenance points must sign an attendance sheet for each session.

**Industrial Hygiene & Safety Lecture Topics**

- History of Industrial Hygiene, OSH Act Review and IH Management, Epidemiology
- Indoor Air Quality, Bio-Safety, Equipment and Facility Safety, Ionizing Radiation, Non-Ionizing Radiation
- Math, Statistics & Calculator Review, Air Pollution, Toxicology, Regulatory & Legal Affairs
- Physics and Basic Engineering, Air Sampling – IH Chemistry, Direct Reading Instrumentation
- Industrial Noise, Mechanical Exhaust Ventilation, Ethics and Professional Conduct, Respiratory Protection and other Personal Protective Equipment (PPE)

The IH classes will be held **Tuesday nights** (6:00-9:00) beginning in June 2017 at the Rutgers Environmental Health & Safety Dept., 27 Road 1, Livingston Campus, Piscataway, New Jersey 08854. Tel. (732) 445-2550 (See the following link to Google Maps Directions)

*Note: First IH Class will run from 6:00 PM to 9:30 PM. Please try and arrive promptly at 6:00 PM. The first half hour will cover registration activities, course orientation information, and other miscellaneous administrative activities.

https://www.google.com/maps/place/Rutgers+Environmental+Health+and+Safety/@40.516915,-74.430336,17z/data=!3m1!4b1!4m2!3m1!1s0x89c3c7bf656fffff:0x2b79eadac518c3c8

**Cost:** $150.00 (includes registration, admission to all IH and Safety classes and on-line access to all course materials) Safety classes are sponsored by: NJ Chapter of ASSE

**The NJ Chapter of the American Society of Safety Engineers**

Safety Topics have been added to our schedule (included in the price). We will have guest speakers on certain safety topics to help prepare people for the CSP exam. Safety classes will be held on Thursday nights (6:00 PM). The website will be updated when the specific dates and topics for the Safety classes have been established. Enrollment forms, directions, and schedule are posted on the NJAIHA web page [http://www.njaiha.org/events/njaiha-summer-review-course/](http://www.njaiha.org/events/njaiha-summer-review-course/).
The NJAIHA Executive Committee is selling white pique polo shirts with the NJAIHA logo. Point of sale proceeds will serve as a revenue source for our student scholarship program. Pricing is based on size and the applicable cost of shipping and handling if the shirts are not picked up at a dinner meeting or other NJAIHA sponsored event.

Please contact Ronnie Tutty at (973) 300-0144. Make a purchase the dinner meeting or visit the NJAIHA web page at: http://www.njaiha.org/students/polo-shirt-fundraiser/

Researchers at the US Centers for Disease Control and Prevention are struggling to understand why younger populations continue to suffer asbestos-related medical issues despite efforts to reduce exposure from the toxic mineral.

According to a report released by the CDC, numbers of deaths related to malignant mesothelioma increased from 2,479 in 1999 to 2,597 in 2015. The largest increase was seen in those over 85 years old, but younger populations continue to be affected. In those 16 years, 16,914 of the deaths were among people 75 to 84 years old. In the same period, 682 people between the ages of 25 and 44 died of mesothelioma-related problems. "Although deaths among persons aged less than 35 years are of concern, we do not have information to understand potential causes," said Dr. Jacek Mazurek, lead author of the CDC report.

According to the National Cancer Institute, studies have also suggested an association between asbestos exposure and gastrointestinal and colorectal cancers, as well as an elevated risk for cancers of the throat, kidney, esophagus and gallbladder.

"It can take anywhere from 20 to 50 years from exposure to the development of mesothelioma," Kindler said, adding that varying amounts of asbestos exposure over periods of time can also make it tricky to predict. "You can be exposed at small levels for a long period or high levels for a brief period." Both circumstances could lead to a diagnosis of mesothelioma or another lung disorder.

Need Help Planning to Attend the 2017 AIHce EXP in Seattle?

Are you planning to attend the 2017 AIHce EXP in Seattle? AIHce continues to be the premiere destination for thousands of IH/OH professionals who are responsible for the safety, health, and environment of today's work-spaces. Industry suppliers have joined in this yearly EXPerience, bringing new technologies, training, and connections to help you be more efficient in your pursuit of protecting worker health.

Here are some tips to help make your travel and stay better. Please visit: http://www.aihce2017.org/plan/BeforeYouArrive/Pages/Travel-Information.aspx

OSHA Program Helps Show Employers How Injuries, Illnesses Affect Profitability

OSHA has added the most recent workers’ compensation data to its Safety Pays Program, which is intended to raise awareness of and help employers understand how occupational injuries and illnesses can affect companies' profitability. Using a company’s profit margin, the average cost of an injury or illness, and an indirect cost multiplier, OSHA’s program projects the amount of sales needed to cover the cost of a particular injury. Safety Pays prompts users to pick an injury type from a drop-down list or enter their workers’ compensation costs, then enter information such as profit margin and number of injuries to perform the analysis.

The program estimates direct costs of an accident as well as indirect costs, including items like overtime costs necessitated by the injury; training costs for a replacement worker; administrative time spent by supervisors, safety personnel, and others after an injury; wage costs associated with time lost due to work stoppage; and more. Possible indirect costs not included in estimates by Safety Pays are third-party liability and legal costs, worker pain and suffering, the costs of OSHA fines, and loss of good will from bad publicity.

The most recent average claim cost estimates were provided by the National Council on Compensation Insurance (NCCI), which manages the largest database of U.S. workers’ compensation insurance information. The new data reflects the average cost of lost time workers’ compensation insurance claims from policy years 2011–2013.

Acute Respiratory Effects and Biomarkers of Inflammation due to Welding-Derived Nanoparticle Aggregates

Welders are exposed to airborne particles from the welding environment and often develop symptoms work-related from the airways. A large fraction of the particles from welding are in the nano-size range. In this study, the authors investigate if the welders’ airways are affected by exposure to particles derived from gas metal arc welding in mild steel in levels corresponding to a normal welding day. In an exposure chamber, 11 welders with and 10 welders without work-related symptoms from the lower airways and 11 non-welders without symptoms, were exposed to welding fumes (1 mg/m³) and to filtered air, respectively, in a double-blind manner. Symptoms from eyes and upper and lower airways and lung function were registered. Blood and nasal lavage (NL) were sampled before, immediately after and the morning after exposure for analysis of markers of oxidative stress. Exhaled breath condensate (EBC) for analysis of leukotriene B4 (LT-B4) was sampled before, during and immediately after exposure.

No adverse effects of welding exposure were found regarding symptoms and lung function. However, EBC LT-B4 decreased significantly in all participants after welding exposure compared to filtered air. NL IL-6 increased immediately after exposure in the two non-symptomatic groups and blood neutrophils tended to increase in the symptomatic welder group. The morning after, neutrophils and serum IL-8 had decreased in all three groups after welding exposure. Remarkably, the symptomatic welder group had a tenfold higher level of EBC LT-B4 compared to the two groups without symptoms. Despite no clinical adverse effects at welding, changes in inflammatory markers may indicate subclinical effects even at exposure below the present Swedish threshold limit (8-hour TWA respirable dust). For more details about this study, click: https://www.readbyqxmd.com/read/28258373/acute-respiratory-effects-and-biomarkers-of-inflammation-due-to-welding-derived-nanoparticle-aggregates#.WMFLhIH-sO8.linkedin

OSHA Delays Beryllium Exposure Rule Effective Date

The Occupational Exposure to Beryllium rule is undergoing further review, and its effective date will be postponed as a result. The U.S. Department of Labor has announced the rule will now become active on May 20, 2017, about two months after the original date.

The announcement is in direct response to the U.S. administration's memorandum, "Regulatory Freeze Pending Review," which was issued Jan. 20, 2017. The document stated all departments must review any new or pending regulations before they take effect.

OSHA published the final rule on Jan. 9, 2017 with an initial effective date of March 21, 2017. However, the agency determined that additional analysis is needed in the areas of law and policy. The proposed extension of the effective date will not affect the compliance dates of the beryllium rule. The proposal has been scheduled for publication in the Federal Register.

[Ref: http://ehstoday.com/industrial-hygiene/osha-delays-beryllium-exposure-rule-effective-date?NL=OH-03&Issue=OH-03_20170308_OH-03_178&sfvc4enews=42&cl=article_1_b&utm_rid=CPG0300001548211&utm_campaign=17890&utm_medium=email&elq2=2e3b715a7f54432fabf876524b6413b5]
CDC Acting Director Talks Antibiotic Resistance on the Hill

CDC’s acting director, Anne Schuchat, MD (RADM, USPHS), presented at the U.S. Capitol about the need for continued action and investment to contain and address the urgent threat of antibiotic resistance to protect Americans.

Dr. Schuchat and experts from IDSA, NIH, DoD, and BARDA* reminded attendees that antibiotic resistance—when germs no longer respond to the drugs designed to kill them—threatens every person and our access to modern medicine like cancer care and surgery. Patients like Brianna Strand, who shared her personal story at the event, need antibiotics that work to continue receiving life-saving treatments. Brianna has cystic fibrosis and relies on antibiotics every day to keep her tough to treat lung infections under control.

With the emergence of new threats, like Candida auris and mcr-1, combating antibiotic resistance remains a CDC priority. CDC and its partners are committed to continuing the fight against antibiotic resistance through the AR Solutions Initiative and our strategy to rapidly detect, contain, and prevent these infections. Working together we can stand up a full, faster response to protect Americans from this threat.

The Hill Briefing event was hosted by IDSA, in collaboration with the U.S. Stakeholder Forum on Antimicrobial Resistance (S-FAR). IDSA, with support from several S-FAR member organizations, also released Faces of Antimicrobial Resistance—the important and personal stories of patients and their families who battle the threat of antibiotic resistance every day. [Ref: https://www.cdc.gov/drugresistance/solutions-initiative/index.html]

NJAIHA Membership Does Have Its Rewards

Membership does have its rewards. NJAIHA Executive Committee decided to enhance the ongoing learning process and join AIHA’s eLearning program. These eLearning solutions are designed for busy professionals seeking an alternate educational setting. This virtual learning environment provides the same standard of learning and level of technical content, but is primarily administered online. Certification maintenance is awarded for participants. If you are registered member of NJAIHA, you will be able to begin participating in the 2017 program, which begins on 25 Apr 2017.

AIHA Webinars are web-based continuing education events that enable attendees to learn from the comfort of their own home or office. AIHA webinars are presented by industry experts on a variety of topics, catering to every OEHS niche, and are fully accredited and allow IHs and OEHS professionals to obtain contact hours towards their certification maintenance programs. The first AIHA eLearning webinar is "OSHA Compliance: Emerging Issues and Inspection Preparedness", which will be featured on Tuesday, April 25, 2017, 2:00 PM ET - 3:00 PM ET. Participants can earn 1 contact hour.

Live Webinar registration includes one phone and internet connection per registrant. Each registrant may have an unlimited number of individuals participate with them at their site. Limited access to the presentation recording is also included with registration. AIHA’s collection of pre-recorded webinars provides a convenient and cost-effective way for you to earn certification maintenance credits while brushing up on the industry’s hottest topics.
Upcoming Webinar Events in April

Date: April 3-4, 2017 – “Emerging & Infectious Disease Preparedness Simulation Training” - Center for Disease Control (CDC) Atlanta, GA

Date: April 5, 2017 – “Firefighting: Chemical Protection Under Fire” – NORA Seminar Series – University of North Carolina - Occupational Safety and Health Education and Research Center

Date: April 6, 2017 – “Mold, IAQ and IH Sampling Workshop” - EMSL Analytical, Inc. Cinnaminson, NJ

Date: April 11, 2017 – “Mold and Its Health Effects” – EMLab P&K

Date: April 25, 2017 – “OSHA Compliance: Emerging Issues and Inspection Preparedness” American Industrial Hygiene Association, Falls Church, VA

For more details on each of these events and venues, visit the NJAIHA Facebook webpage at: https://www.facebook.com/njaiha/

Call for Nominations for NJAIHA Executive Committee Members

The NJAIHA is seeking a few men and women to continue the mission of planning and leading the organization into the future. Over the past several years, the Executive Committee (EC) has done an outstanding job in communicating with the members and providing outstanding monthly dinner meetings, professional development courses, and the annual conference. The newsletter is now more informative and we are now posting to social media to carry the message about our profession.

Our section is extremely strong right now because of our current EC members and the engagement of membership. This opportunity makes each of these positions very manageable as everyone is willing to share the work load. Don’t you want to be part of this group and make a difference in NJ? (Note: ABIH recognizes these positions for your CIH)

If you are interested in running for the office of President-elect, Secretary, or Director of Administration, or if you would like to nominate someone, please contact Mark Ostapczuk, CIH, CSP. The positions that are open for 2017-2018 are:

President-elect (this is actually a 3-year term; President-elect, President, and Past President)
Secretary (2-year term)
Director of Administration (3-year term)

For more details about these position, click:
April 20, 2017 – DINNER MEETING
RECOGNITION OF PAST PRESIDENTS

DATE: Thursday, April 20, 2017
PLACE: Snuffy’s Pantagis Renaissance, Route 22 East, Scotch Plains, NJ 908-322-7726

AGENDA:
3:30 p.m. AIHA, NJ Section, Inc. - Executive Committee Meeting
5:00 p.m. Registration/Networking/Cash Bar
5:30 p.m. Before Dinner Session: Indoor Air Quality Assessments and Their Related Legal Issues
Speaker: Harris Brody, CIH, CHMM, MBA, Sr. Program Manager, EA Engineering, Science, and Technology, Inc., PBC
5:30 p.m. Registration/Networking/Cash Bar

7:30 p.m. Dinner – Members $30, guests $40.
Students and unemployed NJAIHA members are free (Subsidized 100% for dinner meetings).

7:30 p.m. After Dinner Session: Legal Aspects in Litigation Involving Industrial Hygienists or Industrial Hygiene Work –
This presentation will explore legal and litigation issues involving our profession, how that affects the
practicing professional, and considerations that could arise when in the role of an expert witness
Speaker: Marc Gaffrey, Esquire. Partner – Hoagland, Longo, Moran, Dunst & Donkas

Please register by Tuesday, April 18th, by calling Ronnie Totty at 973-300-6144, email your reservation to
naiha@vip.net or fax the reservation to 973-359-6202, giving the names of those who will attend. Online
registration and payment is now available at: http://www.naiha.org/event/2017-april-dinner-meeting/

COMMON DIRECTIONS:
Pick up Route 22 West to sign reading “Mountain Ave. – Scotch Plains”. Take Mountain Ave. thru 2nd traffic light
to parking lot entrance on the right (just after intersection).

Coming from New York City - Lincoln or Holland Tunnels or George Washington Bridge – take NJ Turnpike
SOUTH to Newark Airport Exit #14 and follow common directions above.

Coming from Staten Island – Go over the Goethels Bridge and exit to the NJ Turnpike NORTH. Take the Turnpike
to Exit #14 to Route 22 WEST and follow common directions above.

Going NORTH on Garden State Parkway - Exit # 140 to Route 22 EAST. Bear to LEFT to take jug handle to
Route 22 WEST and follow common directions above.

Going SOUTH on Garden State Parkway – Exit #140A to Route 22 WEST and follow common directions above.

Going from New Brunswick and Points South – Pick-up Route 287 NORTH (Exit #10 at Edison from the NJ
Turnpike or Exit #127 from the Garden State Plwy.) Take 287 NORTH to Somerville, Exit to Route 22 EAST to
Scotch Plains. Entrance on right, after Blue Star Shopping Center and before Park Ave. overpass.

Coming from PA or Points West – Route 78 EAST to Exit #41. Follow signs to Route 22, Scotch Plains. At 3rd
traffic light turn right to go over Overpass to Park Ave. Stay in right lane of overpass and at next light turn right onto
Mountain Ave. Make first right turn to enter parking lot.
COMMON DIRECTIONS TO SNUFFY’S PANTAGIS RESTAURANT:

Pick up Route 22 West to sign reading "Mountain Ave. – Scotch Plains". Take Mountain Ave. thru 2nd traffic light to parking lot entrance on the right (just after intersection).

Coming from New York City - Lincoln or Holland Tunnels or George Washington Bridge - take NJ Turnpike SOUTH to Newark Airport Exit #14 and follow common directions above.

Coming from Staten Island - Go over the Goethals Bridge and exit to the NJ Turnpike NORTH. Take the Turnpike to Exit #14 to Route 22 WEST and follow common directions above.

Going NORTH on Garden State Parkway - Exit # 140 to Route 22 EAST. Bear to LEFT to take jug handle to Route 22 WEST and follow common directions above.

Going SOUTH on Garden State Parkway – Exit #140A to Route 22 WEST and follow common directions above.

Coming from New Brunswick and Points South – Pick-up Route 287 NORTH (Exit #10 at Edison from the NJ Turnpike or Exit #127 from the Garden State Pkwy.) Take 287 NORTH to Somerville, Exit to Route 22 EAST to Scotch Plains. Entrance on right, after Blue Star Shopping Center and before Park Ave. overpass.

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